



Mid Bloom Newsletter

14th February, 2015

KEY FACTS TO NOTE

Extension Classes 2015

Inter-House Athletics Competition

School Tour

Co-Curricular Activities – Quiz, Debates and Drama

NEWSLETTER TO PARENTS AND GUARDIANS

Dear Sir/Madam

The mid-term break for the Bloom term begins today. We thank God for upholding His covenant of peace in our nation and for the wonderful start to the New Year.

MID-TERM BREAK AND RESUMPTION

The mid-term break begins today 14th February and lasts for one week. Students are expected back in school on Saturday, 21st February, 2015. We appreciate your usual cooperation in ensuring the punctual return of your child/ward to school to facilitate prompt completion of the academic schedule before the elections begin.

ENTRANCE AND TRANSFER EXAMINATIONS 2015

The Lifeforte High School entrance and transfer examinations towards the 2015/2016 academic session was held on the 31st January, 2015 at 4 centres across the country – Abuja, Lagos, Port-Harcourt and Ibadan. Our gratitude goes to God and to all our highly esteemed parents for the goodwill, good name and favour enjoyed by the school all over the country and beyond Nigeria! We graciously welcome all our new parents to partner with us as a family to raise this next generation as a glorious seed destined for greatness. We would like to notify our parents that siblings of our students who were unable to write the entrance examination and would like to should get in touch with the Administrative office before the end of February 2015 for the opportunity to do so.

EXTENSION PROGRAMME

Information on the extension programme will be made available to parents of students in Grades 9, 11, 12, and A levels at the appropriate time. The aim of these classes is to provide an avenue for students to

improve their grasp of course content, familiarise themselves with different types of exam questions and master the techniques of providing expected answers to questions. We encourage parents of students in the classes involved to work with us to ensure that the students get the most out of this time. The programme attracts a fee of N100, 000.00 naira payable with Bloom term fees.

MENTORING DEPARTMENT

As academic work began in the new year, the mentoring department had its 'Become Better' programme designed to prepare students to aim higher and achieve more. After an introduction by Mr Agbebi (Director, Exam Strategy and Planning) using several powerful images designed to inspire belief in the certainty of success through hard work, teachers of core subjects such as Mathematics, English, Sciences (Biology, Physics), Social Sciences (Sociology, Business Studies) and Arts (Literature, History) contrasted sample answers that earned excellent (A*) grades with those that earned mediocre (C) grades. This approach arrested our students' attention and conveyed the clear message that excellence required a **precise understanding of each question, carefully answering questions using concepts learnt, having an eye for detail and imbibing the culture of applying knowledge** by using practice questions to acquire skill in this area. We are expecting overall performance of students in all grades to soar as mentors follow –up on their protégés during the term.

ANNUAL SCHOOL TOUR

Our annual school tour to Thailand was exceptional, memorable and exciting! Our contingent was ably led by our darling CEO, Mrs. Sarah Olubi Johnson who made sure that we were treated like royalty. With the excellent treatment on Qatar airlines, we enjoyed the flight to Bangkok and were ushered to the luxurious comfort of the five-star Grand Hyatt Hotel which offered hospitality, plush comfort not to mention the amazing scenery from the hotel rooms and our ever attentive tour guides. We set out to make the trip unforgettable, visiting breath taking and notable landmarks such as The Grand Palace which had the 'Vinanmek', the world's largest golden teakwood mansion. We also visited Dream World theme park where some of our students went on heart-stopping rides like the 'Hurricane' and the 'Viking'. Dream World also created an artificial snow town where temperatures dropped drastically to produce a chilling effect in summer! We transferred to Phuket and checked into the breath-taking Hilton Resort which treated us to an exquisite display of Thai culture and values. The most remarkable event was the Phuket Fantasea, a breathtaking Las-Vegas style theatrical show displaying Thailand's rich and exotic heritage. After the show, the students had dinner at the 4,000 seat Theme restaurant helping themselves to a grand buffet of Thai and international cuisine. The Siam Niramit show took us through a journey to the enchanted Kingdom of Siam. The visit to Madame Tussauds highlighted the impeccable quality of craftsmanship revealed in the minute details on every wax figure on display. Our group learnt forms of greeting in Thai like, 'Sawadee Kub' (for the boys) and 'Sawadee Kha' (for the girls), to say good day and good bye. We recall delicious Thai delicacies like 'Pad Thai', 'Tom Yamgong', 'Tom Kha Thai' and 'Masaman Keany'. It was an amazing and unforgettable exposure to the people and culture of the Far East!

CO-CURRICULAR ACTIVITIES

INTER-HOUSE ATHLETICS COMPETITION

The 2015/2016 edition of the annual Inter-House Athletics Competition was held on 7th February, 2015. It promised to be exciting as all houses were fully prepared for the Grand Finale. All Field events (Jumps, Javelin, Discus and Shot-put) and long distance races (800m, 1500m, 3000m and 5000m) had been concluded prior leaving individual sprint and relay races, march-past and cheerleading events for the final day. On the medals table, Ruth had a marginal edge over Daniel while Paul and Sarah were hot on their heels. All four houses were eager to lift the coveted trophy which Daniel House claimed last year by edging out Ruth on the final day.

The march past set the pace for what was a very competitive day. Calisthenics display and the Cheerleading competition followed showing colour, coordination and athleticism at its best. Next came the races in quick succession amidst brief medal presentations to reward winners of events already concluded. There was lots of cheering as Houses monitored the medals table after each race in anticipation of victory. The staff relay race was the highlight of the day as teachers threw in everything in order to do their houses proud. Paul House came out tops in the Staff race.

The results were announced by our amiable Principal Mrs Aina as palpable tension swirled around the ultramodern Sports Complex. Indeed, it was Ruth House's year to win after coming agonisingly close the year before. They emerged victors with a convincing 14 gold medals while Paul and Sarah had 12 gold medals each, although Paul had more silver medals leaving Daniel to trail with 11 gold medals. The Best Senior Athletes were **Daniel Adesiyan (Ruth)** and **Kanyinsola Bankole (Ruth)** while **Ope Arabambi (Sarah)** and **Favour Adeboye (Sarah)** were Best Junior Athletes.

The excitement for the students did not end on the tracks as they cooled off to watch a movie later on in the evening. It was a special day and certainly left many treasured memories to ponder over.

MORNING ASSEMBLY

At Lifeforte, we strive not only for academic excellence, but also to give our students an all-round education. They are frequently encouraged to participate in innovative out-of-class learning activities that take place during morning assembly. These activities are a forum to help students learn new things in a fun way and make an indelible positive impact on them. In addition to our Science quiz, Math quiz, What-do-you-know quiz and Get Your Grammar Right, etiquette lessons featured 'TAP THE SAP'; an acronym reminding students about how to behave appropriately in the classroom. In addition, students participated in impromptu speeches through debates and drama sketches and were kept well informed on current affairs through the weekly presentation of 'The News' during which global issues' such as democracy, cultural diversity and orphans are also discussed. To foster a better understanding of Nigeria's cultural diversity, an Igbo and Yoruba quiz was organised. At the end of this half-term, a dramatised satire was presented passing across the clear message that election campaigns in Nigeria should now be issue-based as the electorate was more aware and expected more from the political class. It was both entertaining and educative.

INTERNATIONAL DAY

This programme is intended to create an awareness of the world. Students take turn by grades to parade the national character of their chosen country beginning with its people, attire, language, culture and customs, food and any other notable piece of information. Traditionally held in the latter part of the second term, the event is competition based to encourage students to give their very best in planning and presentation. Last year's competition was won by Grade 10 who put on a very lovely display of Colombia.

We urge parents to support their children every way possible to improve their chance of winning. *May the best grade win.*

REWARDING NEATNESS: *Night out at the Movies!*

As a reward for being the neatest hostels in the Genesis 2014 term, Ruth hostel (boys) and Sarah hostel (girls) were treated to a night out at the Cinema where they thoroughly had fun! Other students rejoiced with them as this token served to spur everyone on to improve upon the standard of neatness in their hostels.

PAYMENT OF OUTSTANDING BILLS

We encourage parents to pay all outstanding bills on or before resumption from the half-term (21st February, 2015) to ensure a seamless issuance of clearance from the Bursary department. We pray for divine enabling grace and supply as you invest in our beloved children, God's heritage.

GENERAL

Parents/Guardians of students in grades 9, 11 and 12 should please ensure that their children/wards return to school with their grades 7 and 8 or grades 10 and 11 notes respectively. These are essential for good success in the Mock and Final examinations.

Finally, we implore parents to monitor what their children/wards read or watch on television or internet. Please ensure the continuous trend of daily prayer and reading of the word of God.

May God bless you all.

Love from us all-Lifeforte family



Mrs Grace Aina
Principal