

16th February, 2013

KEY FACTS TO NOTE:

- **Extension Classes commence 28th March, 2012**
- **Entrance Examination in Lagos, Ibadan, Abuja and Port Harcourt for the 2013/2014 session**
- **Inter-House Athletics Competition**
- **Keep calm and remember the Orphans**
- **Medical Alert!**
- **International Day**
- **School fees expected to be paid on or before 21st April, 2012.**
- **CMS, Bariga, Lagos visits**

NEWSLETTER TO PARENTS/GUARDIANS

Dear Sir/Madam,

The mid-term break for the Bloom term begins today and we thank God for a wonderful start in this Year of Reversal of Odds. We are sending you the progress report of your child/ward. Students' scores were based on overall assessment from class exercises, tests, assignments and projects done thus far. You are enjoined to review their work and discuss their progress with them during the break.

MIDTERM BREAK AND RESUMPTION

The mid-term break for this term begins today 16th February, and lasts for one week. Students are expected back in school on Saturday, 23rd February, 2013. We appeal to

parents/guardians for their usual cooperation in ensuring the punctual return of their wards as this term is particularly short.

ENTRANCE AND TRANSFER EXAMINATIONS 2013

The School's Entrance examination into Grade 7, Advanced level and Transfer examination into other grades took place on 26th January, 2013 in four centres across the nation:

*Lagos - Civic Centre, Ozumba Mbadiwe Avenue, Victoria Island

*Abuja - Transcorp Hilton, Nassarawa Hall

*Port Harcourt - Montessori International School

*Ibadan - Lifeforte International High School

The turnout of candidates at all centres was quite overwhelming. At the Lagos centre, the CEO, Mrs Sarah Johnson addressed the prospective parents in an engaging interactive session that provided a platform to share the ethos, passion and vision of Lifeforte in a way that exuded the warmth and family spirit synonymous with Lifeforte.

In Ibadan, parents were taken on a guided tour of the school facilities and as part of the interactive session had the opportunity to discuss with a representation of the student body.

Lifeforte continues its rich history and tradition of being a family school having many more siblings of students sit for the entrance exams and admitted.

EXTENSION PROGRAMME

As stated in the last newsletter, our intensive coaching programme towards the external examinations for Grades 9, 11, 12 and A level students will take place during the Easter break starting from Thursday 28th March, 2013. This exercise is usually of tremendous advantage to the students. The cost per student is N100, 000.00. This fee covers tuition, feeding and accommodation.

MENTORING DEPARTMENT

A new development to help increase and redirect the level of interaction between mentors and protégés has evolved in the school. A 30 minute period is now formally observed every Thursday before lunch for mentor-protégé interaction.

Guidelines have also been drawn up for mentors and protégés which are being closely supervised to improve the performance of the students in tests, assignments and exam. The newly appointed student affairs officers, Tayo and Biodun Adebayo bringing new insight and motivation have also joined forces with the mentoring department to facilitate excellent delivery of mentoring services to the students. Parents requiring mentoring

services for their children should please contact the school via email at principal@lifeforte.com.

CO-CURRICULAR ACTIVITIES

SPORTS

Inter-house sports competition

After weeks of preparation and anticipation, the four houses Daniel, Ruth, Paul and Sarah were ready for the greatest athletic showdown of the 2012/2013 session. The Inter-house sports competition held at the Lifeforte Sports complex on the 19th of January was truly an event to remember.

Events flagged off with an opening display of calisthenics, followed by a March past display skillfully co-ordinated and backed by the School Band, the cheerleading competition and other races, all a reflection of the God-given talent in the lives of the students. Top athletes fought bravely for the honour of their houses while parents watched proudly as their children participated in the different events of the day. Ruth House emerged winner for the first time in the School's history, a manifestation of the word preached by Pastor Olubi Johnson on the reversal of all odds, leading the 1st runner up Daniel House by only one gold medal, with Sarah and Paul Houses coming third and fourth respectively.

The male and female Invitation Relay gold medals was won by Atlantic Hall while the Parents – Teachers' novelty match was the highlight of the day's events. The match was won by the Parents, 2 goals to nil courtesy of a brace by the Chairman, Pastor Olubi Johnson. Overall, it was an exciting outing with lots of fun for all present.

Invitation Relay

We continue to be extremely grateful to God for our world class sporting facility that has launched us to another level in sports. In the spirit of camaraderie, we honoured an invitation to the sports competition at Atlantic Hall in Epe, Lagos. Competing against 16 schools, the Lifeforte Relay Team outran the other school teams in the elimination races to clock the best time of the event at 43.56 seconds. The team narrowly missed first place in the finals finishing second place. Well done boys!

The School Team: Awosile Josiah (1st leg), Okunsebor Osazuwa (2nd leg), Okorie Daniel (3rd leg), Ekonye Karo, (4th leg), Omoregie Emmanuel and Ife Omisesan.

Morning Assembly

Our morning assembly co-curricular activities continue to provide our students with highly stimulating and refreshing learning experiences on a regular basis.

The sessions include: Get your Grammar Right, Spelling Bee Competition, Science and Math Quiz, What Do You Know, captivating in-depth Lifeforte News and lessons on etiquette.

About Etiquette

Training and Instruction in Elocution, Etiquette and Public Speaking translates into depositing in our students Life Skills. Our primary aim and objective as a school is to raise our young people into fine, hardworking, responsible adults ready to shoulder responsibility, face challenges and yet have room to help others.

This term, students participated in Life Skill lessons based on;

1. Social Graces: Formal and Informal Introductions, Greetings and Goodbyes
2. Resolving Conflict: Learning to accept no for an answer
3. The Benefits of Mentoring and being mentored
4. Enunciation: The Art of pronouncing your words articulately and precisely

Students participated by way of the Press and Drama Clubs, in dramatization as well as reports and power point presentation. We encourage our parents to demand from their children proper behaviour, manners, and clear and audible speech during this midterm break. For them practice makes perfect.

LIFEFORTE CINEMA

All work and no play make Jack a dull boy.

The students were treated to an exciting movie “*Premium Rush*”. An American action film that premiered in 2012, Premium Rush was written by David Koepp, also the film’s director and John Kamp. The film stars Joseph Gordon-Levitt and Michael Shannon. The story line is set around a bicycle messenger who for reasons of integrity rejects a bribe and in spite of several threats demanding that he does otherwise, delivers a package to its rightful owner. It was a lesson indeed in honesty and professionalism.

COMMUNITY SERVICE CLUB - KEEP CALM AND REMEMBER THE ORPHANS

Parents should please assist their children in making donations to the LIVING MERCY VOICE FOUNDATION ORPHANAGE. Students are expected to carry out tasks that parents/ family members appreciate and receive remuneration specifically for donation to the Orphans. Children can also give a portion of their pocket money or other monetary gifts received over the midterm.

MEDICAL ALERT

As we await the end of the Harmattan season and the arrival of the rains with the corresponding drop in the prevalence of contagious air-borne diseases - chicken pox,

mumps etc. Parents should be alert and notify the school if the children contract or contact any such conditions over the midterm **BEFORE** returning them to school.

ANNUAL SCHOOL TOUR

The school trip to Singapore undoubtedly turned out to be a fun filled, exciting and stimulating experience. It was a perfect exposure to a blend of culture, cosmopolitan lifestyle and racial diversity.

The Grand Hyatt Singapore situated at the top of the Orchard Road, popularly called the Shoppers Paradise turned out to be a luxurious, relaxing and comfortable stay for the group of 80, led by the CEO, Mrs. Sarah Johnson. The children were treated to a lot of exciting outings with visits to the famous Sentosa Island, with its rich array of adventurous activities and world class entertainment. Other exciting visits were made to the Singapore Flyer which gave a full view of Singapore, the exhilarating Universal Studios with its special attraction 5D movies while the Science Museum enriched the children with amazing scientific ideas and experiments that are simply unforgettable. Little India and China Town both suburbs that replicate their native setting was another interesting visit. An amazing highlight was the Night Safari where an eight foot long python was wrapped around Pastor Lanre Johnson, all in the dark!!

INTERNATIONAL DAY

Le monde est un livre et ceux qui ne voyagent pas n'en lisent qu'une page

"The world is a book and those who do not travel read only one page."

Augustine of Hippo

At the end of this term, each grade representing a particular country will be expected to showcase the culture, tradition and the best of that country. Aside from the fun and entertainment, participants are expected to take the audience on an educational armchair tour of the different countries. Countries lined up for the annual event include Ghana, Malaysia, Russia, Spain, Saudi Arabia and South Africa. We appeal to our parents to give their support to make the event a memorable one.

BLACK AFRICA AND NIGERIA'S PREMIER SECONDARY SCHOOL COMES VISITING

The Bloom half-term came to a glorious close with the visit of CMS Grammar School, Bariga, Lagos the alma mater of The Chairman, Board of Directors, Pastor Olubi Johnson. CMS Grammar school established under the auspices of the Anglican Church as the first black secondary school in Africa.

The 60-strong team, led by the Principal, Venerable Tunde Oduwole and the school's two Vice-Principals had an enriching time starting with the Morning assembly (during which the

anthems of the two schools were rendered), a guided school tour, classroom observations, interactive and prayer sessions.

The exercise, mutually beneficial to both schools which share many similarities especially the Christ foundation was a clear demonstration of God setting Liferforte as a “City upon a hill”. We thank God for the godly heritage, culture of unyielding excellence and exemplary lifestyle of our Chairman Pastor Olubi Johnson and beloved CEO Mrs. Sarah Johnson. May this mustard seed of a union and friendship be richly watered by God’s most enriching blessing in Jesus name.

PAYMENT OF OUTSTANDING BILLS

We encourage parents to pay all outstanding bills on or before resumption from the half term (23rd February, 2013). We pray for divine enabling grace and supply as you invest in our beloved children God’s heritage.

GENERAL

Parents/Guardians of students in Grades 9, 11 and 12 should please ensure that their children/wards return to school with their Grades 7 and 8 or Grades 10 and 11 notes respectively. These are essential for good success in the Mock and Final examinations.

Finally, we implore parents to monitor what their children read or watch on the television. Please ensure that they do not lose the trend of daily prayer and reading of the word of God.

May God bless you all.

Mrs. Grace Aina

Principal