



**LIFEFORTE  
INTERNATIONAL  
SCHOOLS**

## MID-TERM NEWSLETTER GENESIS 2019

19th October, 2019



### KEY FACTS TO NOTE

#### Academics

- Outstanding Cambridge O and A level results
- Genesis End of Term Assessment

#### Upcoming Events

- Lifeforte Scholarship Entrance Examinations (2020/2021)
- Lifeforte Regular Entrance Examinations (2020/2021)

#### Co-Curricular

- School Tour 2019 (Dubai, Malaysia & Thailand)

#### Special Announcement

Memorial Service for HRH Kabiyesi KAO Sansi (Jandu II)

### IMPORTANT SCHOOL DATES

19th October, 2019 Mid Term Holiday  
26th October, 2019 Resumption from Mid Term Holiday  
29th November, 2019 Vacation Begins

#### Bloom (2nd) Term

7th January, 2020 Bloom (2nd) Term Begins



Dear Parents/Families,

On behalf of our Chairman and Chief Executive Officer, we warmly welcome you to the beginning of the 2019/2020 school year. We would like to thank all the new families that joined us in September. Our pastoral team have worked hard to ensure that your child settles into life away from home as easily as possible. Life as a boarding student can be an extremely valuable experience. Knowing how to share a living space and connect with other people is a crucial life skill. Living in a community encourages the students to develop a range of skills that are often more difficult to acquire at home. In a boarding house, students learn how to get along with others and how a residential community works. They develop an understanding of personal space, learn to; manage friendships, value and be supportive of others, negotiate, deal with criticism and behave in a manner that shows respect and consideration for others. Living away from home helps students to be independent and develop organisational skills more quickly. For our returning students we hope you will continue to see Lifeforte as a place to thrive, excel, discover and utilise your God given talents. We wish you all a great academic year.

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#### SPECIAL ANNOUNCEMENT

#### INVITATION TO THE MEMORIAL SERVICE IN HONOUR OF OUR CEO'S FATHER HRH KABIYESI KAO SANSI (JANDU II)

In honour of the dearly beloved father of our CEO – Dr. Sarah Johnson there will be a one year memorial service to mark the passing unto glory of HRH Kabiyesi KAO Sansi (Jandu II) the late Obelu of Esure. HRH passed on, in January, 2018 and after the custom accorded to royal personalities there will be a memorial (Fidau) service at 10:00am on 4th January, 2020 at St Anthony Grammar School, Ijebu Esure and you are cordially invited. Kabiyesi was a man of letters, highly distinguished and an eminent personality in the field of Veterinary medicine; a profession he loved dearly and contributed to immensely. A most deserving beneficiary of a scholarship funded by his community, Kabiyesi attended King's College, Lagos and later earned further scholarships for his BVMS at Edinburgh and PhD at Cornell University. A man whose life was marked by his sense of service, empathy and desire for the welfare of others, Kabiyesi's tenure was one of great progress in his community. He will be sorely missed.

Please save the date.

Lifeforte Family

FROM: THE PRINCIPAL

#### MID-TERM BREAK AND RESUMPTION

The Genesis mid-term holiday begins today, Saturday 19th October, 2019. Students are expected back promptly from the holidays on Saturday, 26th October, 2019 between the hours of 9am to 6pm. Parents/Guardians wishing to take advantage of the Lifeforte bus shuttle available from Lagos, Tafawa Balewa Square can do so by paying the fare and notifying the school by email ([bursary@lifeforte.com](mailto:bursary@lifeforte.com), cc [lifeforte@lifeforte.com](mailto:lifeforte@lifeforte.com)). Punctuality is an integral part of discipline and culture of excellence. We appeal to our parents to support us in reinforcing this culture.

#### PROGRESS REPORT

To help you keep track of and monitor your child's progress in school, we routinely give out reports mid way and at the end of each term. The half term report contains information about your child's achievement so far. Assessments are carried out by means of tests, class exercises, assignments and projects. Each score is graded and will make up part of a student's final mark at the end of the term. We would like to strongly encourage our parents to be actively involved in the academic progress of their child by going through their reports and notebooks. The school through the Directors of Mentoring and Child Support will be pleased to discuss or address any concerns you may have regarding your child's work.

FROM: CURRICULUM & STUDIES DEPARTMENT

#### EARLY DECISION PROGRAMME (FAST TRACK ADVANCED LEVEL PROGRAMME)

We would like to inform our new parents and remind our returning parents about the Lifeforte 'Early Decision' Advanced level programme. This programme is an accelerated Advanced level programme which compresses the standard 2 year course into an 18 month course commencing in the 12th grade. Successive sets of students admitted to the programme have set highly impressive records and secured multiple offers into prestigious universities in the United Kingdom, United States, Canada and Nigeria proving the merits of the programme. The current ED class of 2020 are sitting their Cambridge AS examinations and we trust God to reward their hard work with A star grades.

Further benefits include:

Instructional help in critical thinking, BMAT, UKCAT and LNAT exams

United States SAT 1 & 2 classes

Personalised support for application into Russell group universities in the UK, Ivy League universities in the US and top universities in Canada with whom we have established links.

Selection and invitation for enrolment will begin in December/January for the ED class of 2021. We strongly encourage parents of Grade 12 students to consider this most beneficial option for their children. For more information, please contact us on 0805 705 7811 (Mrs. Ariyo), 0805 226 1433 (Mr. Babatunji Oduntan) or email us at [lifeforte@lifeforte.com](mailto:lifeforte@lifeforte.com).

#### OUTSTANDING CAMBRIDGE ADVANCED AND ORDINARY LEVEL GCE RESULTS

Our God has done it again!!!

We are pleased to inform you, once again, that Lifeforte students performed excellently in the May/June Cambridge A and O level 2019 examinations. Please visit our website – [lifeforte@lifeforte.com](mailto:lifeforte@lifeforte.com) to view the results and analysis. We thank God Almighty for His mercies without which this would not have been possible and sincerely appreciate our parents for their patronage and support. We also thank our staff and students for their various invaluable contributions in making this happen. Thank you all.

#### GENESIS TERM INTERNAL EXAMINATIONS

The internal examinations for the Genesis Term will commence in November. We would like to request that parents assist their children in preparing towards this examination by encouraging them to go over the work done in this first half of term. Each student is expected to take their books along with them for revision purposes and return with all the books taken home. Early preparation yields best results.

#### LIFEFORTE ENTRANCE EXAMINATION DATES – 2020/2021 ENTRY

##### SCHOLARSHIP EXAMINATION

This examination is open to all students.

Time	Date	City	Centre
10:00am	16th November, 2019	Abuja	Transcorp Hilton (Nassarawa Hall)
10:00am	16th November, 2019	Enugu	Evergreen School, 4 Ukwa St, Independence Layout
10:00am	16th November, 2019	Port-Harcourt	Hotel Presidential, (PH Conference room) Aba Road
10:00am	16th November, 2019	Warri	Lakeland School, Ogunu road, Warri

Time	Date	City	Centre
11:00am	23rd, November, 2019	Ibadan	1, Lifeforte Boulevard, Awotan, GRA, Ibadan

##### REGULAR ENTRANCE EXAMINATION

This examination is open to all students

Time	Date	City	Centre
10:00am	25th January, 2020	Abuja	Transcorp Hilton (Nassarawa Hall)
11:00am	25th January, 2020	Ibadan	1, Lifeforte Boulevard, Awotan GRA, Ibadan
9:00am	25th January, 2020	Lagos	Muson Centre, Onikan, Lagos.
10:00am	25th January, 2020	Port-Harcourt	Hotel Presidential, (PH Conference room) Aba Road
10:00am	25th January, 2020	Warri	Lakeland School, Ogunu road, Warri

#### SCHOOL TOUR 2019

##### AN AMAZING THREE-IN-ONE PACKAGE TO DUBAI, THAILAND AND MALAYSIA

The current trend of education is moving towards developing an all round intelligent child, well read and with an impressive view of the world around him. Consequently, in Lifeforte, we organize annual trips for our students, giving them the necessary exposure and widening the scope of their knowledge and awareness of the world around them. Over the years, the school has visited several countries; Brazil, Kenya, Tanzania, South Africa, Egypt, Dubai, Thailand, China, Singapore, Barbados & St Kitts, Japan amongst others.

This year, we have an amazing 3 in 1 package as we will be visiting Dubai, Thailand and Malaysia.



#### ITINERARY

Dec 1st: Arrive Dubai, transfer to Hotel – Palm Atlantis

Dec 2nd : Half Day City Tour

Later enjoy the Dow City Cruise in the evening, gliding down the Dubai Marina on a traditional Arabian Dhow with a lavish dinner

Dec 3rd: Ski Dubai - enjoy the ultimate in indoor snow resort at the Middle East's First Indoor Ski resort

Dec 4th: All day Fun time at the Atlantis Aqua venture Water park.

Later enjoy a sumptuous dinner at the World's most luxurious hotel, the Burj Al Arab.

Dec 5th Enjoy hotel facilities, early afternoon pick up for the exciting Desert safari, a 4x4 drive into the desert followed by a visit to the traditional Arabic Bedouin camp, treat yourself to a scrumptious dinner

Dec 6: Check out and transfer to Phuket, Thailand

Dec 7: Half Day City Tour, study the culture and history of Thailand.

Dec 8: School Group educational exchange visit to an International High School in Phuket.

Later enjoy the Siam Niramit Show, with dinner

Dec 9: Full Day at Dream World Park – Enjoy the rides, Snow Town and a Buffet Lunch

Dec 10: Chill, enjoy the hotel facilities/ Shopping, shopping

Dec 11: Check out, depart for Kuala Lumpur

Dec 12: City tour, visit the Petronas Twin Towers - the most iconic landmark, the historical district of Kuala Lumpur, Merana KL Towers, the tallest communications tower touches the heavens! The Batu Caves – 272 steps to the top, an easy climb, Illusion – the 3D Art Museum and lots more.

Dec 13: A visit to the National Science Centre - a crowd puller with its vivacious, educational and just-plain-fun, hands on science and technology exhibits.

Dec 14: Full Day at Times Square Water Theme Park – Malaysia's premier multi-park destination with more than 90 attractions and Asia's First Nickelodeon Themed Land.

Dec 15: Chill, enjoy hotel facilities.

Later spend the evening at the Matic Malaysian Cultural Show with dinner

Dec 16: Check out of hotel, depart for Lagos.

Parents who wish their child to be a part of this year's tour to these exciting destinations should please contact Mrs Adesiyen (ED Admin) or Dr Sokoya (ED Mentoring & Child Support) on 08023017324 and 08052264640 respectively.

#### CO-CURRICULAR ACTIVITIES

Meeting with representatives of UK universities

Sequel to a request from the British Council, Lifeforte hosted representatives from eleven UK Universities. The aim was to facilitate interactions between parents, students and representatives of the Universities to provide first hand information on available courses, admission requirements, scholarships and related advice.

A second visit by the Universities of Nottingham, Loughborough and Oxford-Brookes followed about a week later. Both events proved to be a huge success. Information on trending courses such as Artificial Intelligence, Nanotechnology, Mechatronics and Biotechnology was highlighted during the discourse by representatives. Finally, there was a forum for one-on-one discussions between university representatives' students, parents and mentors.

We had representatives from Cardiff Metropolitan University, Coventry University, Lancaster University (UK and Ghana), Northumbria University, University of Bradford, University of Leeds, University of Portsmouth, University of Liverpool, Glasgow Caledonian University, Robert Gordon University and University of Lincoln.

Representatives were warmly appreciated for taking out time to be with us.



### Assembly Presentations

Exciting and enriching programs continue to provide our students with out of class sessions to broaden their depth and breadth of learning.

### Women in STEM (combining SDG 5 - Gender Equality and SDG 10 -Reduced Inequalities)

Senior female students (in the Sixth form and 11th Grade) interested in Science, Technology, Engineering and Mathematics nicknamed 'steminists'; Ayomikun Balogun, Folake Awosanya, Damilola Arabambi, Temiloluwa Owoade, Busola Akinola and Kamsi Osadebe, presented a very enlightening and inspirational discussion to motivate girls to pursue STEM-related careers. They were also encouraged to be inventive, innovative and to see themselves as solution providers!

### Thinking Skills

Determined to equip students with the skills they need to thrive in our evolving, cognitively-challenging society, a session on the basics of mental processes used to solve problems, make decisions, organise information and create new ideas was organised to sharpen their critical-thinking skills.

### Growth Mindset

Through a series of seminars, students were strongly encouraged to cultivate a growth mindset. Students were shown that 'effort' (beyond ability) is a necessary tool in the attainment of success. They were also taught to appreciate how continuous evaluation helps in developing talents and abilities. The school community came away with a deeper understanding and appreciation of the process of growth; a skill not possessed should be seen as a skill YET TO BE possessed!

### Debate on Climate Change

Is climate change reality or just a hoax? This burning international discourse was passionately debated by opposing team of A level students; Toluwani Oso (Head Girl) and Afolabi Fagbenro, drawing on quotations, recent findings and research to prove their point. At the end of the debate, the question still remains although there are strong arguments for and against.

### Abbreviations Quiz

With the advent of social media and the common use of words in short form, meanings of real abbreviations is being lost on the younger generation. This was the rationale behind educating our students on internationally accepted acronyms and abbreviations.

An inter house quiz involving two students from each house was organised to educate students and staff. At the end of the thrilling exercise, Daniel House emerged the winner with 10 points.

### CAREER PATH INDICATOR

A career programme was held on Thursday October 17th titled 'WHERE PEOPLE LIKE YOU CAN WORK'. This is designed to guide our students toward making informed decisions about choice of the right career by revealing the connection between individual personality types and jobs that best fit such personalities.

Students were enlightened about how a certain combination of adjectives describing your person puts such a person or student under a category of personality. Adjectives such as friendly, self- motivated, organized, cautious, good with money, logical, honest (to name a few) are pointers to personality categories such as EXPLORER, INVESTIGATOR, COMMUNICATOR, PERSUADER, REGULATOR, MANAGER, TRAINER which in turn guide the type of jobs that best fit the person.

To demonstrate the principle, five (5) students volunteered to fill the Job Roles Analysis Sheet with the help of selected



teachers and their personality types were revealed as well as the jobs that best suit them. Volunteers include the Head girl- Toluwani Oso, Assembly prefect- Osaze Okunsebor, Community Prefects- Oruaro Mukoro and Adetola Owoade and Ruth House Captain- Ayomikun Fajemisin.

#### CLUB PRESENTATIONS

##### Community Service Club

'Giving is Living and Living is Giving' – this timeless slogan birthed through our beloved CEO Dr Sarah Johnson was shared by Toluwani Oso and Tola Owoade with the student body to enable them imbibe the school's culture of love, care and giving back. Consequently all students are to look into bringing new/old clothes in good condition to give to indigent students of schools in our neighbouring community. May the Lord show us His mercy abundantly. Amen.

##### Photography Club

The photography club has worked very hard to improve the dexterity of students on the workings of a camera. With a three step approach, they have been able to equip members with the skills to produce beautiful images; some of which can be seen on the schools instagram platform ([instagram.com/lifeforte](https://www.instagram.com/lifeforte)).

A brief workshop was organised for the school body on how to improve our picture taking. Bravo Photography Club!

##### Stem Club

This half term, the exciting news was the interface between the app inventors and robotics club where an app was configured to control a LEGO Formula1 race car designed and assembled by the robotics club. To the delight of the school audience, the LEGO formula1 car could turn, reverse and automatically avoid obstacles with the aid of sensors. The joint team comprised Eliora Ekong, Jefferson Joshua, Oreofe Ajibade, Mofope Akinyemi, Itunu John-Akinola and Daniel Taiwo.

##### Language Club (French, Igbo & Yoruba)

Having a second language and mastering a local dialect is a must in today's world. Grade 7 and 8 students demonstrated this by translating the 17 SDGs into French, Yoruba and Igbo; their fluency was awesome and the resounding ovation received was well deserved!

#### BURSARY DEPARTMENT

Enclosed in your child's/children's report booklet is the fee schedule. Parents have the option of paying the fees per term or at once in a lump sum. On behalf of the management of the school we wish to appreciate all our esteemed parents/guardians for the prompt payment of their children/wards' fees and bills. This always ensures prompt and seamless issuance of clearance from us. We highly appreciate your partnership, patronage and support as we ask you to help us serve you better. Fees are due on the first day of term.

#### PASTORAL MATTERS

##### Appearance

Parents/guardians should please ensure that their children/wards return to school dressed in their school uniform. Hair should be cut low (boys)/braided neatly, not too long using black attachment only (girls).

##### Monitoring and Oversight

Please make it a point to personally monitor and be interested in your child/children's activities (especially online) while at home. We ask that you encourage them in daily prayer, bible reading and fellowship.

Love

Mrs. Grace Aina  
Principal