



LIFEFORTE INTERNATIONAL HIGH SCHOOL



16TH OCTOBER, 2021

MIDTERM NEWSLETTER, GENESIS 2021

KEY FACTS TO NOTE

Academics

- Outstanding Cambridge O and A level results
- Genesis End of Term Assessment

Upcoming Events

- Lifeforte Scholarship Entrance Examinations (2022/2023 Entry)
- Lifeforte Regular Entrance Examinations (2022/2023 Entry)

Co-Curricular

World Teachers Day 2021

Special Announcement

HRH Kabiyesi (Dr.) KAO Sansi Memorial Industrial Kitchen

IMPORTANT SCHOOL DATES

- 16th October, 2021 Mid-Term Holiday begins
- 23rd October, 2021 Resumption from Mid Term Holiday
- 3rd December, 2021 Vacation Begins

Bloom (2nd) Term

- 6th January, 2022 Bloom (2nd) Term Begins

Dear Parents and Guardians,

We bring you greetings from Pastors (Dr) Olubi and (Dr) Sarah Johnson, our Chairman and Chief Executive Officer, and on their behalf, we warmly welcome you to the end of the first half of the Genesis Term of the 2021/2022 school year; our first extended midterm holiday since the Covid-19 restrictions began. This is significant as it represents a gradual, though cautious, shift to our



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Lifeforte International Schools



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regular (pre-pandemic) calendar. We are thankful to God for where we are as a country and courageously hopeful that we will continue, by the grace of God, to defy all odds and enter into a new era defined by health and peace.

Our pastoral team has worked hard to ensure that your child settles into life away from home as easily as possible. Life as a boarding student can be an extremely valuable experience. Knowing how to share a living space and connect with other people is a crucial life skill.

Boarding school helps children develop self-confidence, maturity and independence as well as valuable thinking skills. They learn to take control over their own schedule, manage their chores and studies as well as develop self-discipline. In addition, living within a community of like-minded, highly motivated individuals with similar goals and ambitions helps students form strong bonds with classmates from different backgrounds and leads to friendships that last long after they graduate.

For our returning students we hope you will continue to see Lifeforte as a place to thrive, excel, discover and utilise your God-given talents. We wish you all a great academic year.

SPECIAL ANNOUNCEMENT

OBA (Dr.) K.A.O. SANZI INDUSTRIAL KITCHEN

In honour of the dearly beloved father of our CEO, Oba (Dr.) K.A.O. Sansi and to commemorate his heritage, distinguished legacy of selflessness, excellence and service to humanity, this state-of-the-art industrial kitchen was conceived, designed, built and set up in the summer of 2021. The impressive facility, with its purpose-built interior, is fitted with a range of modern equipment such as a built-in cold room, deck oven, professional deep fryers, dough mixer, meat mincer, an industrial potato peeler, braising pans amongst others. This facility is wholly dedicated to the preparation of healthy and nourishing meals for our students and the rest of the school community.

Please join us to thank God for this gentleman scholar, king, physician, mentor and father of fathers whose life and legacy continues to impact generations to come.

IMPROVEMENTS – REFURBISHMENT OF GRADES 9 AND 11, MALE AND FEMALE HOSTELS

In spite of the financial fallouts of Covid-19 on the school, we are grateful to God and immensely pleased to announce that the Paul hostel for boys and Sarah hostel for girls have undergone a complete refurbishment bringing them up to world-class standard in keeping with our promise to create an inclusive, safe, friendly, orderly and aesthetically pleasing environment where students can learn to live, share and thrive as part of the community in love, harmony, tolerance and mutual respect for one another thus preparing them for life as global citizens. We hereby solicit our parents' assistance in instilling a sense of collective ownership regarding communal property. Acts of wanton damage, destruction and disregard for school property are NOT PERMITTED.

Lifeforte Family



FROM: THE PRINCIPAL

MID-TERM BREAK AND RESUMPTION

The Genesis mid-term holiday begins today, Saturday 16th October, 2021. Students are expected back promptly from the holidays on Saturday, 23rd October, 2021 between the hours of 9am to 6pm. Punctuality is an integral part of discipline and a culture of excellence. We appeal to our parents to support us in reinforcing this culture.

PROGRESS REPORT

To help you keep track of and be actively involved in your child's progress in school, we routinely give out reports mid way and at the end of each term. The half term report contains information about your child's achievement so far. Assessments are carried out by means of tests, class exercises, assignments and projects. Each score is graded and will make up part of a student's final mark at the end of the term. We would like to strongly encourage our parents to be actively involved in the academic progress of their child by going through their reports and notebooks. A virtual Open Day will be organised in the week students' return to school to provide parents with the opportunity to discuss or address any concerns you may have regarding your child's work.

FROM: CURRICULUM & STUDIES DEPARTMENT

EARLY DECISION PROGRAMME (FAST TRACK ADVANCED LEVEL PROGRAMME)

We would like to inform our new parents and remind our returning parents about the Lifeforte 'Early Decision' Advanced Level programme. This programme is an accelerated Advanced Level programme which compresses the standard 2 year course into an 18 month course commencing in the 12th grade. Successive sets of students admitted to the programme have set highly impressive records and secured multiple offers into prestigious universities in the United Kingdom, United States, Canada and Nigeria proving the merits of the programme. The current ED class of 2021 is writing the Cambridge AS examinations and we trust God to reward their hard work with A star grades.

Further benefits include:

- Instructional help in critical thinking, BMAT, UKCAT and LNAT exams
- United States SAT 1 & 2 classes
- Personalised support for application into Russell group universities in the UK, Ivy League universities in the US and top universities in Canada with whom we have established links.

Selection and invitation for enrolment will begin in December 2021/January 2022 for the ED class of 2022. We strongly encourage parents of Grade 12 students to consider this most beneficial option for their children. For more information, please contact us on 0805 705 7811 (Mrs. Ariyo), 0805 226 1433 (Mr. Babatunji Oduntan) or email us at lifeforte@lifeforte.com.

OUTSTANDING CAMBRIDGE ADVANCED AND ORDINARY LEVEL GCE RESULTS

Our God has done it again!!!

We are pleased to inform you, once again, that Lifeforte students performed excellently in the May/June Cambridge A and O level 2021 examinations. Please visit our website – lifeforte@lifeforte.com to view the results and analysis. We thank God Almighty for His mercies without which this would not have been possible and sincerely appreciate our parents for their patronage and support. We also thank our staff and students for their various invaluable contributions in making this happen. Thank you all.



GENESIS TERM INTERNAL EXAMINATIONS

The internal examinations for the Genesis Term will commence in November. We would like to request that parents assist their children in preparing towards this examination by encouraging them to go over the work done in this first half of term while they are at home. Each student is expected to take their books along with them for revision purposes and return with all the books taken home. Early preparation yields best results.

LIFEFORTE ENTRANCE EXAMINATION DATES – 2022/2023 ENTRY

SCHOLARSHIP EXAMINATION 2022/2023 ENTRY

- Date – 20th November, 2021
- Time – 10:00am
- Venue – Online (further details will be communicated duly)
- Forms can be obtained:
- Online at www.lifeforte.org

This examination is open to all students for entry into Grade VII/JSS1

REGULAR ENTRANCE EXAMINATION

- Date – 29th January, 2022
- Time – 10:00am
- Venue – Online (further details will be communicated duly)
- Forms can be obtained:
- Online at www.lifeforte.org

This examination is open to all students for entry into Grade VII/JSS1

CO-CURRICULAR ACTIVITIES

MORNING ASSEMBLY

In Lifeforte, our young minds are fertile ground where a global mindset and a culture of excellence are being nurtured to enable our students mature into versatile global citizens. To this end, we encourage participation in out-of-class learning activities which take place during morning assembly. This first half term, we put together varied exciting activities such as Spelling Bee Competitions, Get Your Grammar Right (commonly mis-spelt words), Punctuation with Speed, Mental Math and What Do You Know.

Also, students participated in the presentation of 'The News', a weekly news presentation that keeps the school community abreast of local and international events. This provides them with a platform to enhance their reading and pronunciation while public speaking sessions build confidence and communicative skills using the acronym 'PAVES'- Poise, Attitude, Voice volume, Eye contact and Smile.

CLUB ACTIVITIES

STEM CLUB: Students were treated to an informative presentation on CLIMATE CHANGE by members of the club. Five seniors; Jedidiah Anthony, Pauline Ogunlana, Jedidiah Etiebet, Chelsea Dafe and Michael Adenaike looked at factors that influence and possible lasting solutions to this growing global concern.

YORUBA CLUB: The Importance of learning a second language and being versatile at your local dialect was emphasized by members of the Yoruba club. Thank you, Adetoun Adenaike (Grade 9), Damito Iyun (Grade 9), Ayanfe Akinteye (Grade 8), Tomiwa Abiola (Grade 8) and Olaloju Amodu (Grade 7) for taking us back to our roots.



CREATIVE WRITING CLUB: Presenting the theme “equality” to the school audience, Halimat Oyawoye Grade 11(story), Momoore Afolabi Grade 10 (story), Seyifunmi Adeleke Grade 8 (poem), Elianna Osigbemeh Grade 8 (story) took us on a remarkable journey into the concept of racial and gender equality.

GLOBAL CITIZENSHIP: An intellectually stimulating session aimed at defining globalization and identifying its main characteristics took place between four 11th graders; Itunu John-Akinola, Halimat Oyawoye, Eniola Olanrewaju and Atinuke Olukoya and four juniors whose task it was to ask the seniors hard questions - Ireoluwa Asaolu (grade 9), Dara John-Akinola, Samara Eno-Jerry and Kamsi Ekweonu (all in grade 8). Embracing diversity, a unique understanding of ourselves, making decisions that are inclusive and sharing a love for people irrespective of geographical origins were main highlights.

CLUB 2030: is a school club with the mandate to create awareness among students about the 17 Sustainable Development Goals (SDG) of the United Nations as a means of nurturing the values of globalization so they can share the vision in their immediate environment and community. The club was re-launched by seniors Joel Ikwuagwu, Tobilola Ogunseitan, Eniola Olanrewaju and Atinuke Olukoya, to involve all grades in the school in order to imbibe the mindset behind the various SDG’s through teamwork, critical thinking and leadership.

SPORTS: As life is gradually returning to normal, sport is taking its unifying role in the school community. The Genesis Half Term Inter-House Sports Competition in Basketball and Football was a huge success! Excitement, passion, surprises, teamwork and lots more were on display. A summary of results and winners is attached.

WORLD TEACHERS DAY 2021

Appreciation was in the air as our students rose to pay tribute to their wonderful and tireless teachers on this special day. It was with joy and admiration that they extolled the virtues and impact of their teachers through letters, poems and songs all of which were rendered on assembly. Please find a collection of tributes on a separate page.

A LETTER TO LIFEFORTE TEACHERS

Dear Teachers,

Today is a very special day for you all, it’s **Teachers’ Day!**

Firstly we want to thank you for teaching us through thick and thin, through our trying and good moments, we really appreciate it. At first, we didn’t understand the importance of the discipline, long notes, numerous assignments and classwork. Over the years, we finally understand that their importance was to help us grow into focused, disciplined, smart and responsible teenagers.

Although we can be a handful (to put it mildly) sometimes and put on airs like we don’t care, we actually appreciate you and have a special compartment for you in our hearts.

You are awesome, wonderful, intelligent teachers who have done a great job teaching us.

You’re an inspiration to us all. You spark the flame that makes us want to learn. You enlighten us with your words of wisdom and allow us understand things we never thought we could.

You unlock doors in our mind that we didn’t even know were there. We are so grateful that God put amazing teachers like you in our lives.

Thank you dear teachers and may God continue to bless, protect and enrich you.

Written and put together by Chikamso Ugwueze, Jedidiah Beecroft, Imohimi Ojeaburu and Motunrayo Iwayemi.



BURSARY DEPARTMENT

On behalf of the management of the school we wish to appreciate all our esteemed parents/guardians for the prompt payment of their children/wards' fees and bills. This always ensures prompt and seamless issuance of clearance from us. We highly appreciate your partnership, patronage and support as we ask you to help us serve you better. Fees are due on the first day of term.

PASTORAL MATTERS

APPEARANCE

Parents/guardians should please ensure that their children/wards return to school dressed in their school uniform. Hair should be cut low (boys)/braided neatly, not too long using black attachment only (girls).

MONITORING AND OVERSIGHT

Please make it a point to personally monitor and be interested in your child/children's activities (especially online) while at home. We ask that you encourage them in daily prayer, bible reading and fellowship.

Love

Mrs. Grace Aina
Principal



TEACHERS' DAY POEMS

BEATITUDES TO A TEACHER

Proverbs 1 :2a

"That men may know wisdom and instruction"

Blessed are those who fill us with knowledge

And find joy when others gain wisdom

Those who rejoice when we excel

Who delight in the growth of others

Blessed are those who care for our future

Who lead us down the right paths

Those who shape and nurture us

Who mould us into the best version of ourselves

Blessed are those who work around the clock

And have no stone unturned

Those who don't stop till the goal is reached

Who push on to the very end

Blessed are those who treat us as one of their own

Who take pride in our successes

Those who want the very best for us

Blessed are our teachers.

Written By Tamilare Oyekan

T is for the talent you display each day
Bestowing upon us character along the way

E is for the energy you put in every class

Making sure we understand so we can pass.

A is for always being there for us

In times of need and in times of loss

C is for the charisma you never fail to show

Teaching us things that we normally won't know.

H is for the helping hand you always put out

So that despite our mistake, we don't end up in a rout

E is for the every single day you had to fight.

To keep yourself awake and bring us to the light.

R is for your evident relentless courage
That aids the world in creating a new age

Your job needs more appreciation than we can say

So we've come to thank you in this lovely way

HAPPY TEACHERS' DAY

Written By Oluwadamito Iyun Grade 9

TEACHER OH TEACHER

Teacher, oh Teacher.

How you dazzle us with your words

Swiftly and with ease

Making learning so fun; all the more

Teacher, oh Teacher

Where would I have been, what would I know

If you weren't there to educate me

I'd be a truly haggard foe

Teacher, oh Teacher

I'm sure the stress is really a sore

Every night, yet you continue to fight

That's why we love learning from you

all the more.

Teacher, oh Teacher

You help us without fail

Making every task a walk in the park

Truly, you all should be hailed.

Teacher, oh Teacher

We truly appreciate you for all you do

Working and helping us in thick and thin

We pray God shall bless you, all the way

Written by Kelsea Ikwuagwu Grade 9

What amazing people: teachers
Such beautiful and creative beings
Knowledge and wisdom shines through their personality

Look them in the eye

You see someone loving and kind

Search deep in their souls

You'll see their accomplishments and good

Trustworthy and dependable

They're our motivation and worthy fighters

Our inspiration and warrior

They're the true leaders of our nation

They show us the way and guide us to our tomorrow.

They are teachers, they're our heroes.

Happy Teachers' Day

Written by Zube Okoli Grade 8

MY HUMBLE BEGINNING

To every student,

There is a teacher

A teacher who teaches

From alphabet to numbers

Through thick and thin

My teacher, My teacher

My humble beginning

Worth more than a diamond ring

I can point with pride

To my humble beginning

Who labored mightily

To polish me to perfection

I have soaked up all the wisdom

In all the pages of my books

To progress toward the grand prize

Of any high calling

So here I stand to speak and say

Thank you. Happy Teachers' Day.

Written by Joelynn E. O. Grade 8

Oh teachers!

Worthy members of the best profession

It's a confession that you are the best

You never rest for my education

Because you are the best.

Without mistake!

You have it all and that's what it takes.

Because you know it all, your

knowledge is unstoppable

Your teaching is unpredictable

Oh teachers! Always ready!

You are the best and always steady

Today, we celebrate 'Teachers' day'

Everybody shouts a big hurray!

Written by Sule Ebenezer

Teachers,

The school's backbone

The least and first

Hardworking and never relenting

Diligent and always smart

Everything good is what you are

known for

O my teachers ahead and never

behind

Your teaching is meaningful and vast.

Education from you is invaluable.

You prepare questions in faith and

certainty

Resilient, dogged and selfless is who

you are

I celebrate you, my teachers.

Written by Samara Eno Jerry Grade 7



Inter House Sports Competition 2021 Results and Awardees BASKETBALL RESULTS

JUNIOR GIRLS WINNING TEAM

Paul House

1. Okoli Chimzubele
2. Okeudo Mmesoma
3. Olusanya Deborah Moronike
4. Asaolu Ireoluwa
5. John-Akinola Dara
6. Harrison Teminioluwa
7. Ayanfeoluwa Akinteye
8. Melissa Ifeanyi

JUNIOR BOYS WINNING TEAM

Daniel House

1. Obileye Oluwatobi
2. Aofolaju Tobilola
3. Ajogri David
4. Dodo Nissi
5. Adeyemi Fopefoluwa
6. Okoli Golie
7. Olatokun Seniloba

SENIOR GIRLS WINNING TEAM

Sarah House

1. Akinyemi Mofope
2. Halimat Oyawoye
3. Iyun Oluwadamito
4. Olukoya Temitayo
5. Ikwuagwu Kelsea

SENIOR BOYS WINNING TEAM

Paul House

1. Ajayi Durotimi
2. Mandela Ojerinde
3. Kabongo Nathan
4. Joseph-Edgar Alvin
5. Moyosore Agunbiade
6. Atoyebi Mayowa

Most Valuable Player Awardees

Senior Girls:- Akinyemi Mofope, Olukoya Atinuke

Senior Boys:- Kola-Adeleke Ireoluwa, Mayowa Atoyebi

Junior Girls:- Harrison Teminioluwa, Okeudo Mmesoma, Olukoya Temitayo

Junior Boys:- Adeyemo Fopefoluwa, Ajiere Chukwuemeka, Oduwole Daniel

Most Improved Players:-

Ikwuagwu Kelsea, Ayuba Godsent, Ojerinde Mandela, Kolawole Oluwasorefunmi, Inok Martin

Junior Defensive MVP:-

Kola-Adeleke Seyifunmi, Obileye Oluwatobi

FOOTBALL RESULTS

Junior Boys - Final Result

Ruth House (5) vs Sarah House (1)

Senior Boys - Final Result

Ruth House (6) vs Sarah House (4)

Golden Boot Awards

Junior Boys:- David Onisaroth

Senior Boys:- Reyenieju Anirejuoritse