



LIFEFORTE ALUMNI SPOTLIGHT EMPOWERING VISIONARIES, ENHANCING GLOBAL IMPACT



Dr. Sho

www.drshocares.com

We proudly celebrate Dr. Itunu-Johnson Sogbetun (Dr. Sho), esteemed alumnus of Lifeforte, who exemplifies our motto: 'Called, Chosen, and Destined for Greatness.'

As a visionary leader, Dr. Sho tackles pressing global challenges. Notably, she pioneered the '**Black Health Equity Day**' movement, a follow-up to HEAL (Health Advocacy and Learning) for Black People, in collaboration with CAHN (the Caribbean and African Health Network). This initiative aims to bridge the health gap and create a healthier, more equitable future for the Black community.

On **October 12**, Black Health Equity Day was marked with a strategic social media campaign, shedding light on black health issues and innovative solutions. The cause was celebrated by individuals and corporations within and outside the health sector.

To learn more, visit www.blackhealthequityday.com or follow @blackhealthday on Twitter and Instagram.

This term, we continued our morning assembly activities by providing opportunities for our students to develop essential learner skills such as creativity, curiosity, critical thinking, collaboration, and communication, as well as promoting global citizenship and intercultural learning.

More importantly, we are delighted to announce that this exposure has led to our students winning several awards in international competitions.

GLOBAL SUSTAINABLE DEVELOPMENT COMPETITION



The competition offers Year 11 and 12 students the opportunity to think creatively and develop valuable research skills as they explore global sustainable development through essays, videos, podcasts, or poetry on various topics.

We are proud to announce that our students have excelled in the **Creative Submissions** category:

WINNING ENTRIES



Olukunbi Bello-Olusanya



Sarah Ogundiran



Oreofeoluwa Folowosele

HIGHLY COMMENDABLE ENTRY



Moronike Bello-Olusanya

Congratulations to all our talented students!



THE QUEEN'S COMMONWEALTH ESSAY COMPETITION

The Queens Commonwealth Essay Competition is the world's oldest international writing competition for schools and has been proudly delivered by the Royal Commonwealth Society since 1893.

We were thrilled to be notified that our students won awards in this competition out of a record breaking 34,999 entries.

GOLD FINALIST AWARD



Oghenemaro Okene

SILVER FINALIST AWARD



Nathan Alabi



Seyifunmi Kola-Adeleke



Tamilore Oyekan



Damito Iyun



Tioluwani Aseje

BRONZE FINALIST AWARD



Amanda Ogbe



Jedidiah Beecroft



NATIONAL INDEPENDENCE DAY CELEBRATION NIGERIA AT 64

In fulfillment of their heartfelt desire for a better Nigeria, our students envisioned 'The Nigeria of My Dream' through poetry, essays, and art.

We have been elated by the tremendous instantaneous response and excited with the depth of creativity and critical thinking displayed.

Howbeit, the BEST amongst the Best are:

SENIOR CATEGORY: POEMS



FIRST PLACE
Adigun
Abdulazeez



FIRST PLACE
Tioluwanimi
Aseje



SECOND PLACE
Chimamanda
Nwachukwu



SECOND PLACE
Damito
Iyun



THIRD PLACE
Ugwueze
Chikamso



THIRD PLACE
Chidiogo
Ndubuisi



THIRD PLACE
Deo-Declan
Yepwi

SENIOR CATEGORY: ESSAY



FIRST PLACE
Esther
Okechukwu



SECOND PLACE
Bukunmi
Ariyo



THIRD PLACE
Esther
Ibidun

JUNIOR CATEGORY: POEMS



FIRST PLACE

**Karen
Bakare**



SECOND PLACE

**Isabelle
Okeke**



THIRD PLACE

**Iye
Omikunle**

JUNIOR CATEGORY: ESSAY



FIRST PLACE

**Somkene
Okeke**



FIRST PLACE

**Eriayo
Daramola**

ARTS



**Demilade
Obasunoye**



**Akinyemi
Royinjesu**

OUR NATIONAL IDENTITY QUIZ COMPETITION JUNIOR CATEGORY

PAUL HOUSE
FIRST PLACE



SARAH HOUSE
SECOND PLACE



VS



RUTH HOUSE
THIRD PLACE



DANIEL HOUSE
THIRD PLACE

"SAVING NIGERIAN SPORTS" COMPETITION NIGERIA AT 64

Acknowledging that as youths we want a better Nigeria, we are passionate about a Nigeria that is advancing, blossoming, and changing into a land of milk and honey. We view the branding of houses in a football and volleyball competition as an opportunity to change our mindsets.

Paul house to "AS"- Arise and Shine

"We will arise and shine for God's glory is with us"

Sarah House to "PS 33/144"

"There will be no more complaining in our streets"

Ruth House to "MIN"- Made in Nigeria

"Our products will be made in Nigeria"

Daniel House to "PN"- Proudly Nigerian

"We will accept ourselves as Nigerians and be proud of our green passport"

Here are the winners of the competition.



PAUL HOUSE

AS (ARISE AND SHINE)

SENIOR GIRLS BASKETBALL TEAM

John-Akinola Oluwadara Sarah
Akinteye Ayanfeoluwa
Okubor Arianna
Araba Elizabeth
Okoli Chimzube
Okechukwu Esther
Polo Mira



PAUL HOUSE

AS (ARISE AND SHINE)

JUNIOR GIRLS VOLLEYBALL TEAM

Okubor Arianna
Araba Elizabeth
Ufodike Adimchinobi
Emmanuel-Sedi Erioluwa
Ali-Odefa Angel
Kolawole Mojolaoluwa
Obasunloye Isabelle
Akinteye Ayanfeoluwa



PAUL HOUSE

AS (ARISE AND SHINE)

JUNIOR BOYS FOOTBALL TEAM

Familusi Ifeoluwa (Highest Scorer: 5 goals)

Orororo Oluwasore

Orororo Shindara

Okeke Somkene

Ikubor Arianna

Omikunle Iyeoluwa

Debo Feyishola

Somorin David Oreoluwa

Akinola Isaac

Agboola Jonathan

Asiafa Constantine

Aliu Eniifeoluwa

Ishola Jaden

Okeke Edward

Oshoffa Benjamin



RUTH HOUSE

MIN (MADE IN NIGERIA)

SRNIOR BOYS FOOTBALL TEAM

Etuh Daniel (Highest Scorer: 2 goals)

Iyun Ayanfeoluwa

Agada Emmanuel-Ezekiel

Omisore Ademide

Ojerinde Kitso

Amodu Olaloju

Oshodi Temidayo

Kalu Nathaniel

Onugu Munachi

Chibueze Chimgozirim Rex

Ajiere Chukwuebuka