



**LIFEFORTE
INTERNATIONAL
HIGH SCHOOL**

OUR PURPOSE

To nurture minds from the cradle, train them through the precarious years of adolescence, to a place where they will know the difference between good and evil, and have the strength of character to choose good.



BLOOM MID-TERM NEWSLETTER 2025

15th February, 2025

KEY FACTS TO NOTE

- Extension Classes 2025
- Inter-house Athletics Competition 2025
- International Day 2025

IMPORTANT SCHOOL DATES

Saturday, 22nd February, 2025

Friday, 4th April, 2025

Monday 7th April, 2025

Friday 18th April, 2025 – Monday, 21st April 2025

Bloom Mid-Term Holiday Ends

Bloom Easter Holiday Begins

Extension Classes Begin

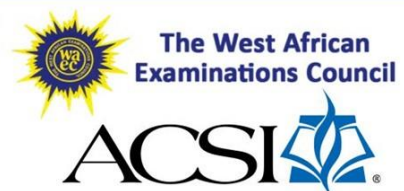
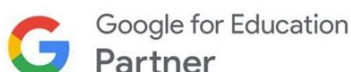
Easter Weekend

Dear Parents/Guardians

Warm greetings to all our parents/guardians from our Chairman, Chief Executive Officer, Pastors (Drs) Olubi and Sarah Johnson, the Governing Board and the entire family at Lifeforte.

This term has been busy yet exciting with a healthy balance of work and play. Our students have had much to learn in terms of knowledge, values and skills. Our Inter-House Sports event fostered commitment, innovative thinking, collaboration and resilience all the way to the finish line. The Charity outing to community schools was an eye-opener to the fact that being appreciative for what we have and sharing with others, no matter how little, is the path to impacting lives and learning greatness through service. We are pleased to acknowledge the amazing impact being made by our Governing Board through Mr Joshua-Olubi Johnson's sterling contributions in sharpening strategy, providing guidance and enhancing cohesion as we stride towards our goals. Our sincere and warm appreciation goes to you dear parents for the cooperation and partnership we have come to count on.

CEO: Sarah Johnson (B.A., M.A., Ph.D.)



Next half term will be busier with more focus on the academic side of things. The pace of work usually rises progressively with the Bloom term examinations representing the peak of this effort. As we usually do, each student will receive personal and technical support every step of the way. After the Bloom term examinations, students in Grades 9, 11, 12 and A level will remain in school for the mandatory extension program taking place during the Easter break.

We therefore seek your support to help them get a good rest at home and begin preparing for what lies ahead. We look forward to seeing you after this refreshing break!

Lifeforte Family.

FROM: THE PRINCIPAL ACADEMICS

Student wellbeing and learning are optimal as home and school partner together. The feedback we provide in the form of reports gives you the opportunity to participate in and enhance your child's learning process. Half-term reports are available on the result portal from today and reflect work done so far. Please go through this with your child – commending, encouraging and assisting as occasion demands.

We are available to discuss concerns about your child's work through the Executive Director of Mentoring and Child Support (Dr Sokoya) on 08052264640 and Principal (Mrs Grace Aina) at principal@lifeforte.com.

RESUMPTION

Students are expected back from this half term holiday on Saturday, 22nd February, 2025. The train shuttle from Lagos to school will be available on their return to school and parents can take advantage of this for convenience. We strongly encourage you to help reinforce the values of punctuality and obedience by ensuring that your child/children/wards resume on the day specified. Academic work will resume immediately and delays are not in the student's best interest.

EXTENSION PROGRAMME

The extension programme for students in Grades 9, 11, 12 and A levels commences on Monday 7th April, 2025. This programme is strategic and affords teachers more time to prepare students intensively for external examinations within a more disciplined academic atmosphere that maximises student preparation. We are counting on your support to help minimize distractions. Visiting is limited to the Easter weekend and we will explain modalities closer to that time.

We appeal to you to understand that exeats will NOT be issued during this period. In addition, all school rules regarding electronic devices, food items and money remain in effect. Thank you.

MENTORING AND CHILD SUPPORT

Our team has worked alongside teachers to identify areas of need on a general as well as individual basis for students. Support strategies are also designed to be general and specific including one-on-one engagement with teachers, study tips, timetables, exam techniques and early revision once the second half-term commences. With cooperation, we are optimistic and look forward to a stronger performance at the end of this term.

FROM: CURRICULUM & STUDIES DEPARTMENT

CO-CURRICULAR ACTIVITIES

Our tradition of building attributes and skills that transform our students into reflective adults and lifelong learners continued this half term through public speaking and activities that build problem-solving, intellectual curiosity, empathy and critical thinking. Please find a summary in our appendix (attached).

INTER-HOUSE ATHLETICS COMPETITION

The 2025 Inter-House Athletics Competition took place on January 25th, 2025 and was a resounding success. The highly anticipated event, amidst an electric atmosphere, was attended on-site by the Chairman Pastor (Dr) Olubi Johnson, Governing Board member, Mr Joshua-Olubi Johnson, taking the salute, and online by our distinguished parents and alumni Students, donning their house colours, gathered to compete for honours cheered on by members of their house and staff. Please find a link to access this short video of the event (https://youtu.be/ujBF_DFGm5E)

A thrilling display of talent...

The competition commenced with the March past and parade, followed by a series of sprint races that showcased students' remarkable athletic prowess. Relay and staff races brought the curtain down on an exhilarating day.

And the winners are....

Paul House emerged victorious claiming the top spot with an impressive 16 Gold, 9 Silver and 14 Bronze medals. Ruth House followed with 11 Gold, 17 Silver and 7 Bronze medals. Daniel House was third with 9 Gold, 10 Silver and 15 Bronze while Sarah House had 7 Gold, 7 Silver and 7 Bronze.

Special recognition went to:

Best Senior Female Athlete – Oluwadamito Iyun (Sarah)

Best Senior Male Athlete – Daniel Etuh (Ruth)

Best Junior Female Athlete – Elizabeth Araba (Paul)

Best Junior Male Athlete – Oluwasore Orororo (Paul).

Our congratulations to all participating athletes and house members for the incredible display of sportsmanship and teamwork. See you next year!

COMMUNITY SERVICE OUTREACH

APETE/AWOTAN SCHOOLS RELAY COMPETITION

A unique addition to this year's Inter-House Athletic competition was the thrilling 4X100 relay races between boy and girls of Awotan Grammar School, Akufo Grammar School, Orisun High School and Aiyegun Community High School. Akufo Grammar School came out as winners in both male and female categories. Kudos to them!

COMING ATTRACTIONS – 2025 INTERNATIONAL DAY

This one-day tour of the world is fun-filled, enriching and provides a melting pot for creativity in several dimensions. It is all about intercultural learning; accepting others, building bridges and gaining insight to promote a global mindset. With a competition format that enhances engagement and collaboration, the day is about celebrating diversity where each grade takes us on a captivating journey to their

country. In doing this, they share culture, traditions and values through interactive PowerPoint presentations, dance, drama, art and craft display, poetry, fashion and cuisine.

We look forward to seeing Spain (Grade 7), Zambia (Grade 8), Colombia (Grade 9), Thailand (Grade 10), Germany (Grade 11) and Argentina (Grade 12). We count on your invaluable support always. Thank you so much.

HOLIDAY ASSIGNMENT

To enhance their preparation for Bloom term examinations, we strongly encourage students to take advantage of the SENECA virtual learning portal since the self-paced and data driven approach (inclusive of short videos and active learning exercises) enable students to build a strong foundation in various subjects and so retain information more effectively.

They are expected to log in with respective details (instructions attached) and revise topics in subjects they offer on the SENECA learning site

BURSARY DEPARTMENT

On behalf of school management, we wish to appreciate all our esteemed parents/guardians for the prompt payment of their children/wards' fees and bills. This always ensures prompt issuance of clearance from us. We highly appreciate your partnership, patronage and support as we ask you to help us serve you better.

PASTORAL MATTERS

Important Note

Boys are expected to return to school with a functioning barbing kit. All students are reminded to adhere to school code of conduct standards in all areas; in particular with regard to haircuts, about shoulder-length braided attachment for girls, appropriate school shoes (black leather with regular soles) and regular deep-blue denim jeans for use in school.

Monitoring and Oversight

Please make it a point to personally monitor and be interested in your child/children's activities while at home. We ask that you continue to encourage them in daily prayer, bible-reading and fellowship.

Stay safe!

Love from us all,



Mrs. Grace Aina
Principal